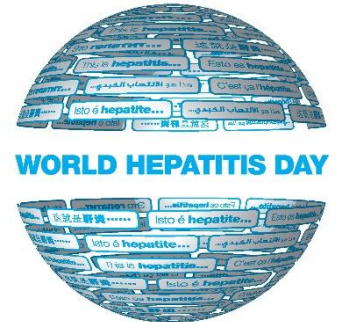


\* Helping to raise our safety awareness \*

## 28<sup>th</sup> of July 2016

Hepatitis is an inflammation of the liver. The condition can be self-limiting or can progress to fibrosis (scarring), cirrhosis or liver cancer. Hepatitis viruses are the most common cause of hepatitis in the world but other infections, toxic substances (e.g. alcohol, certain drugs) and auto-immune diseases can also cause hepatitis.



### Hepatitis **A**:

- Transmitted through consumption of contaminated water or food.
- Some symptoms include: Fatigue, Nausea, Vomiting & Abdominal Pain.
- Vaccines are available.

### Hepatitis **B**:

- Transmitted through exposure to infective blood, other body fluids or through family members.
- Some symptoms include: Abdominal Pain, Dark Urine & Fever.
- Vaccines are available.

### Hepatitis **C**:

- Transmitted through exposure through infective blood.
- Some symptoms include: Feeling Tired, Joint Pain & Sore Muscles.
- Vaccines are **not** available.

### Hepatitis **D**:

- Infections occur only in those who are infected with HBV.
- Some symptoms include: Jaundice, Dark Urine & Fatigue.
- Hepatitis B vaccines provide protection from HDV infection.

### Hepatitis **E**:

- Transmitted through consumption of contaminated water or food.
- Some symptoms include: Fever, Fatigue & Nausea.
- Vaccines are available, however cannot be widely found.